

Tia Helita's

MEXICAN CUISINE

Proudly serving our community for over 40 years. Our food is cooked fresh daily using top quality ingredients. We pride ourselves in providing an enjoyable experience for all of our guests. We are thankful to you, our customers, for your continued support throughout the years. Thank you
The Tia Helita's Family

Starters

Fresh Homemade Chips/Salsa

Half 1.99 Full 2.99 (per basket)
& Nacho Cheese 5.99
& Chicken Queso Dip 6.99
& Queso Blanco 6.99
& Guacamole 5.99
& Chili con Queso 5.59

Mexi Skins

Four potato skins stuffed with meat, cheese and pico served with sour cream. 6.99

Pepper Jack Cheese Bites

(15) 5.49

Mini Tacos 6.59

Taquitos

Your choice of steak or chicken with sour cream and guacamole.
Half 4.59 Full (4) 7.69

Nachos

Fajita Nachos

Your choice steak or chicken.
Half 8.59 Full 11.89

Nacho Deluxe

Choice of beef, chicken or steak with beans, onions, cheese, lettuce, tomato jalapeño and sour cream. Half 7.69 Full 10.49

Seafood Nacho Half 7.69 10.49

Quesadilla

Choice of cheese, chicken, steak or seafood. Half 8.29 Full 10.49

Wing Dings

Buffalo, BBQ or deep fried.
(10) 7.49 (20) 10.99

Ala Carte

Tamales

Pork Tamale 1.89
Wet Tamale 2.29

Fajitas

Choice of chicken, steak or combination. 4.99

Chimichanga

Your choice of beef, chicken, chili, ground beef or mix. 6.59

Burritos

Wet Burrito

Your choice of beef, chicken, chili, ground beef or mix. 4.59

10" Wet Burrito 5.99

10" Seafood Burrito 6.49

Dry Burrito

Your choice of beef, chicken, chili, ground beef or mixed.
Reg. 3.39 With cheese 3.59

Seasoned stewed beef may be substituted for rice or beans for 1.49 extra.

Fajita Dinner

Three steaks, chicken or combo fajitas. Served with rice, beans, sour cream and guacamole.
Reg. 16.99 Shrimp 17.99

For Two

Served with chips, too.

Reg. 26.99 Shrimp 28.99

Tia Helita's Combo Especial

Taco, tostada, tamale and enchilada served with rice, beans and seasoned stewed beef. 14.79

Burrito Dinner

Wet Burritos (3)

With your choice of beef, chicken, ground beef, bean, chili or mixed burritos. Served with rice, beans and seasoned stewed beef. 15.79

Seafood Burritos (3)

Served with rice and beans. 15.99

Dry Burritos (3)

With your choice of beef, chicken, ground beef, bean, chili or mixed burritos. Served with rice, beans and seasoned stewed beef.

Reg. 13.39 With cheese. 14.29

Enchilada

Spinach or Cheese. 3.39
Beef, chicken or steak. 3.79
Seafood 4.39

Tacos

Tacos

Reg. 1.49 With cheese 1.69

Carnita or Reynos Taco

Reg. 2.29 With cheese 2.49

With Pico de Gallo and cilantro. 3.59

Chicken Strip Taco 3.59

Shrimp Taco

With Pico de Gallo and cilantro. 3.59 With cheese 3.79

Steak Taco

Reg. 2.29 With cheese 2.49

Fish Taco

Reg. 2.49 With cheese 2.69

Golden Taco

Reg. 2.29 With cheese 2.49

Golden Steak Taco

Reg. 2.99 With cheese 3.19

Tostadas

Tostadas 12.09

Chicken, Steak or Beef 2.49

Authentic Dinners

Enchilada Dinner

Enchiladas (3)

With your choice of beef, chicken or steak served with rice, beans and seasoned stewed beef. 14.29

Cheese or Spinach 12.99

Seafood Enchilada (3)

Served with rice and beans. 15.39

Tamale Dinner

Three mild tamales served with rice, beans and seasoned stewed beef. Dry 10.99 Wet 11.99

Tia Helita's Mexican Lasagna

Served with a dinner salad and garlic toast. 12.39

Mexican Dinner

Orders of rice, beans and seasoned stewed beef served with tortillas, lettuce and tomato. 13.29

Chimichanga Dinner

Three chimichanga served with rice, beans and seasoned stewed beef. 16.49

Taco Dinner

Tacos (3)

Corn shell tacos with your choice of beef or chicken.

Served with rice, beans and seasoned stewed beef.

Reg. 10.99 With cheese 11.99

Fish Tacos (3)

Served with rice and beans. 14.39

Golden Tacos (3)

Flour shell tacos with your choice of beef or chicken tacos fried 'til golden served with rice, beans and seasoned stewed beef.

Reg. 14.49 With cheese. 15.49

Shrimp Tacos (3)

Served with rice and beans. 15.39

Steak or Carnita Tacos or (3)

Served with rice, beans and seasoned stewed beef.

Reg. 13.29 With cheese 14.99

Chicken Strips

Served with French fries. 9.99

BBQ Ribs

Sonoran Barbecue Ribs

Served with choice of baked potato, rice, veggies or French fries.

Half Slab 13.99 Full Slab 15.99

Add dinner salad for 2.99 extra.

Soups & Salads

Santa Fe Salad

Tortilla chips topped with chicken, guacamole, beans, lettuce, tomato, cheese, peas, tossed in a red wine vinegar.
Half 8.69 Full 9.99

Fajita Salad

Your choice of chicken, steak or a combination. Served with grilled peppers and onions, lettuce, cheese, tomato, sour cream and guacamole.
Reg. 10.49 Shrimp 11.69

Chicken Salad

Choice of grilled, fried or buffalo chicken with cheese, cucumbers, onions, tomato, and croutons. 10.49

Taco Salad

Your choice of beef or chicken. Served with beans, onions, cheese, lettuce, tomato and sour cream. 8.79

Dinner Salad 4.29

Menudo

Hominy and tripe in a spicy broth. 6.59

Chili 4.49

Soup of the Day (Seasonal)

Cup 2.99 Bowl 4.49

Denotes Tia Specialty

*Our cooks are happy to prepare your meal to your liking; however, consuming raw or uncooked food may increase the risk of foodborne illness

Tia Helita's
MEXICAN CUISINE

4070 South Saginaw Street • Burton, MI 48529

(810) 742-5525 • www.tiahelitas.com

Beer/Wine/Margaritas

On Tap

	16 oz.	25 oz.
Modelo Especial	3.75	5.75
Dos XX (Amber)	3.75	5.75
Bud Light	3.25	5.75
Budweiser	3.25	5.75
Seasonal	3.75	5.75

Bottled Beer

Domestics 3.25	Premium 4.00
Bud Light	Corona/Premier
Bud Lime	Corona Light
Budweiser	Modelo Especial
Coors Light	Negro Modelo
Killians	Dos X Lager Especial
Michelob Ultra	Estrella
Mike's Hard Lemonade	Sol
Miller Lite	Tecate
Odoul's	Victoria
Smirnoff Ice	Blue Moon
Buckets (6 of each) 7.00	Labatt Blue
7 oz. bottles	Labatt Light
Corona	Sam Adams
Bud Light	Soft Parade
	Stella Artois

Margaritas

Your choice of Lime, Strawberry, Blue, Mango, Raspberry, Strawberry-Banana, Peach and Banana

Upcharge for flavored: 12 oz. 50¢ • 22 oz. 1.25 • Pitcher 3.00

	12 oz.	22 oz.	Pitcher
House <i>House tequila and triple sec</i>	5.50	9.50	21.00
Skinny	6.50		
Island	6.50		
Bulldog/Coronarita		10.50	
Golden <i>Jose Cuervo and Quattro</i>	6.50	12.25	25.00
Top Shelf <i>1800 and Grand Gala</i>	7.75	14.75	30.00
Premium <i>Cabo Wabo, Herradura, or Milagro</i>	8.75	16.50	34.00
Super <i>Avion, Patron, Don Julio</i>	10.00	18.00	38.00

Wines

5.00 per glass - Your choice of: Sangria, Merlot, Cabernet, Reisling, Pino Grigio, Chardonnay, Moscato, Piesporter, White Zinfandel

Side Orders

Seasoned Stewed Beef
Half 4.99 Full 5.99
Rice Half 2.29 Full 3.99
Guacamole Sm. 1.29 Lg. 3.99
Pico de Gallo Sm. .99 Lg. 3.99
Nacho Cheese Sm. .99 Lg. 4.99
Chili con Queso 3.99
Sliced Jalapeños .99
Beans Half 1.99 Full 2.99
Mac-N-Cheese 3.29
French Fries 3.99
Sour Cream Sm. .99 Lg. 2.99
Jalapeños (Fresh chopped)
Sm. .99 Lg. 2.99
Tortillas (4) 1.99 or .99 each
Sliced Avocados 1.99

For the Kids

For kids 10 & under only. Served with choice of rice, beans, French fries or mac-n-cheese.

Hamburger 5.99
Cheese Enchilada 5.69
Add beef or chicken 5.99
Chicken Strips 5.99
Tacos (2) 5.99
Cheese Quesadilla 5.69
Add beef or chicken 5.99
Grilled Cheese 5.69

*Ask your server about menu items that are cooked to order or served raw. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Sandwiches

Served with French fries. Topped with your choice of American or Monterey Jack. Add bacon or guacamole .99 per item. Add green olives, black olives or sautéed onions .49 per item. Add jalapeños, tomatoes or lettuce at no extra charge.

Grande Burger 8.29 

Grilled Cheese 6.59

Hamburger 7.49

Pueblo Wrap

Shaved steak with onions, cheese and pico fried 'til golden brown and served with steak fries. 7.99

Family Packs

Tacos

Tacos (6)

Choice of chicken or beef.
Reg. 6.69 With cheese 7.29

Steak Tacos (6)

Reg. 8.99 With cheese 9.99

Carnita or Reynos Taco

With cheese 9.99

With Pico de Gallo and cilantro.
10.49

Golden Tacos (6)

Choice of chicken or beef.
Reg. 11.19 With cheese 12.99

Golden Steak Tacos (6)

Reg. 14.69 With cheese 15.29

Tamales

Wet Tamales 8.99 (12) 13.99

Dry Tamales (6) 6.99 (12) 11.99

Beverages

Pop

Coke, Diet Coke, Cherry Coke, Sprite, Orange, Mellow Yellow, Dr. Pepper, lemonade and fruit punch (Free Refill) 2.49

Iced Tea (Fresh Brewed) 2.49

Sioux City Sarsaparilla

(No Refills) 2.49

Juices

Cranberry, grapefruit, orange, pineapple and tomato. 2.49

Milk (no refills) 2.49

Hot Chocolate 2.49

Coffee or Hot Tea 2.49

Kids Milk or Pop 1.39

Lunch Specials

Served daily from 11:00 am to 3:00 pm
Seasoned stewed beef may be substituted for rice or beans for 1.49 extra

Chimichanga

Your choice of beef, chicken, beans, chili, ground beef or mixed. Served with rice and beans. 7.49

Fried Chicken Tacos

Two fried chicken strips topped with cheese, bacon, pico, ranch and avocado in a flour shell. Served with rice and beans. 7.49

Fajita

Your choice of steak, chicken, shrimp or combination. Served with rice and beans. 7.49

10" Seafood Burrito

Served with rice and beans. 7.49

10" Wet Burrito

Your choice of beef, chicken, bean, chili, ground beef or mixed. Served with rice and beans. 7.49

Enchiladas

Two enchiladas of your choice of beef, chicken, cheese, spinach, steak or seafood. Served with rice and beans. 7.49

6" Quesadilla

Choice of beef, chicken or fish (Tilapia). Served with rice or beans. 7.49

Tacos

Tacos (3)

Your choice of beef, chicken or steak. Served with rice and beans. 7.49

Golden Tacos (2)

Served with rice and beans. 7.49

Fish Tacos (2)

Served with rice and beans. 7.49

Desserts

Choice of toppings: Chocolate, caramel, honey, strawberries, raspberries, cherries and whipped cream.

Fried Cheesecake 4.99

Fried Burritos

Apple or cherry 4.49

Hot Fudge Cake 4.99

Churros

Chocolate, caramel or strawberry 4.49

All prices based on cash payment.

Additional 3.99% for credit.


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Planning a party? We cater!

**Gratuity (18%) may be added to parties of 8 or more.