

Tia Helita's

MEXICAN CUISINE

Proudly serving our community for over 40 years. Our food is cooked fresh daily using top quality ingredients. We pride ourselves in providing an enjoyable experience for all of our guests. We are thankful to you, our customers, for your continued support throughout the years. Thank you
The Tia Helita's Family

Starters

Fresh Homemade Chips & Salsa

Half 2.79 Full 3.79 (per basket) & Nacho Cheese 6.49 & Chicken Queso Dip 7.49 & Queso Blanco 7.49 & Guacamole 7.49 & Chili con Queso 7.49

Pepper Jack Cheese Bites

5.99

Mini Tacos

7.09

Taquitos

Your choice of steak or chicken with sour cream and guacamole. Half 5.49 Full (4) 8.79

Nachos

Fajita Nachos

Your choice steak or chicken. Half 9.99 Full 12.99

Nacho Deluxe

Choice of beef, chicken or steak with beans, onions, cheese, lettuce, tomato jalapeño and sour cream. Half 8.99 Full 11.99

Seafood Nacho Half 8.99 Full 11.99

Quesadilla

Choice of cheese, chicken, steak or seafood. Full 11.79

Wing Dings

Buffalo, BBQ or deep fried. (10) 10.49

Ala Carte

Tamales

Pork Tamale 2.99

Wet Tamale 3.19

Fajitas

Choice of chicken, steak or combination. 5.79

Chimichanga

Your choice of beef, chicken, chili, ground beef or mix. 7.29

Burritos

Wet Burrito

Your choice of beef, chicken, chili, ground beef or mix. 5.59

10" Wet Burrito 7.09

10" Seafood Burrito 7.09

Dry Burrito

Your choice of beef, chicken, chili, ground beef or mixed. Reg. 4.99 With cheese 5.19

Enchilada

Spinach or Cheese 4.29

Beef, Chicken or Steak 4.89

Seafood 4.89

Authentic Dinners

Seasoned stewed beef may be substituted for rice or beans for 1.49 extra.

Fajita Dinner

Three steaks, chicken or combo fajitas. Served with rice, beans, sour cream and guacamole.

Reg. 17.79 Shrimp 18.49

For Two

Served with chips, too.

Reg. 28.49 Shrimp 29.49

Tia Helita's

Combo Especial

Taco, tostada, tamale and enchilada served with rice, beans and seasoned stewed beef. 15.49

Burrito Dinner

Wet Burritos (3)

With your choice of beef, chicken, ground beef, bean, chili or mixed burritos. Served with rice, beans and seasoned stewed beef. 16.99

Seafood Burritos (3)

Served with rice and beans. 16.79

Dry Burritos (3)

With your choice of beef, chicken, ground beef, bean, chili or mixed burritos. Served with rice, beans and seasoned stewed beef.

Reg. 15.99 With cheese. 16.19

Enchilada Dinner

Enchiladas (3)

With your choice of beef, chicken or steak served with rice, beans and seasoned stewed beef. 15.79

Cheese or Spinach 14.49

Seafood Enchilada (3)

Served with rice and beans. 16.09

Tamale Dinner

Three mild tamales served with rice, beans and seasoned stewed beef. Dry 14.09 Wet 14.49

Tia Helita's Mexican Lasagna

Served with a dinner salad and garlic toast. 13.89

Mexican Dinner

Orders of rice, beans and seasoned stewed beef served with tortillas, lettuce and tomato. 14.49

Chimichanga Dinner

Three chimichanga served with rice, beans and seasoned stewed beef. 17.19

Taco Dinner

Tacos (3)

Corn shell tacos with your choice of beef or chicken.

Served with rice, beans and seasoned stewed beef.

Reg. 12.09 With cheese 12.49

Fish Tacos (3)

Served with rice and beans. 14.89

Golden Tacos (3)

Flour shell tacos with your choice of beef or chicken

fried 'til golden served with rice, beans and seasoned

stewed beef. Reg. 14.99 With cheese. 15.99

Shrimp Tacos (3)

Served with rice and beans. 15.89

Steak or Carnita or Reynosa Taco

(3) Served with rice, beans and seasoned stewed beef. Reg. 14.79 With cheese 15.49

Chicken Strips

Served with French fries. 11.49

Soups & Salads

Santa Fe Salad

Tortilla chips topped with chicken, guacamole, beans, lettuce, tomato, cheese, peas, tossed in a red wine vinegar. Half 9.49 Full 10.59

Fajita Salad

Your choice of chicken, steak or a combination. Served with grilled peppers and onions, lettuce, cheese, tomato, sour cream and guacamole. Reg. 11.49 Shrimp 12.39

Chicken Salad

Choice of grilled, fried or buffalo chicken with cheese, cucumbers, onions, tomato, and croutons. 11.49

Taco Salad

Your choice of beef or chicken. Served with beans, onions, cheese, lettuce, tomato and sour cream. 9.79

Dinner Salad 5.09

Chili 5.49

Soup of the Day (Seasonal)

Cup 3.99 Bowl 5.49



Denotes Tia Specialty

*Our cooks are happy to prepare your meal to your liking; however, consuming raw or uncooked food may increase the risk of food-borne illness

Tia Helita's
MEXICAN CUISINE

4070 South Saginaw Street • Burton, MI 48529

(810) 742-5525 • www.tiahelitas.com

Beer/Wine/Margaritas

On Tap

Dos XX (Amber)
Dos XX (Lager)
Bud Light
Budweiser
Coors Light
Seasonal

Bottled Beer

Bud Light
Budweiser
Michelob Ultra
Miller Lite
Corona
Corona/Premier
Modelo Especial
Negro Modelo
Dox XX Lager

Buckets
(6 of each)
7 oz. bottles
Corona

Margaritas

Your choice of Lime, Strawberry, Blue, Mango, Raspberry, Strawberry-Banana, Peach and Banana

House
House tequila and triple sec
Skinny
Bulldog/Coronarita
Golden
Jose Cuervo and Cointreau
Top Shelf
1800 and Grand Gala
Premium
Cabo Wabo, Herradura, or Milagro, Avion, Patron, Don Julio

Wines

Your choice of:
Sangria, Merlot, Cabernet, Reisling, Pino Grigio, Chardonnay

Side Orders

Seasoned Stewed Beef
Half 5.79 Full 6.99

Rice Half 3.09 Full 4.99

Guacamole Sm. 1.79 Lg. 5.49

Pico de Gallo Sm. 1.49 Lg. 5.49

Nacho Cheese
Sm. 1.49 Lg. 5.49

Sliced Jalapeños 1.49

Beans Half 3.09 Full 4.99

French Fries 4.49

Sour Cream Sm. 1.49 Lg. 3.49

Jalapeños (Fresh chopped)
Sm. 1.49 Lg. 4.49

Tortillas (4) 2.49 or .99 each

Sliced Avocados 2.49

For the Kids

For kids 10 & under only. Served with choice of rice, beans OR French fries.

Cheese Enchilada 6.19
Add beef or chicken 6.49

Chicken Strips 6.49

Tacos (2) 6.49

Cheese Quesadilla 6.19
Add beef or chicken 6.49

**Ask your server about menu items that are cooked to order or served raw. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*

Sandwiches

Served with French fries. Topped with your choice of American or Monterey Jack. Add bacon or guacamole .99 per item. Add jalapeños, tomatoes or lettuce at no extra charge.

Grande Burger 9.49 

Grilled Cheese 7.29

Hamburger 8.49

Pueblo Wrap
Shaved steak with onions, cheese and pico fried 'til golden brown and served with steak fries. 9.99

Family Packs

Tacos

Tacos (6)
Choice of chicken or beef.
Reg. 8.19 With cheese 8.49

Steak Tacos (6)
Reg. 9.79 With cheese 10.49

Carnita or Reynosa Taco
Reg. 9.79 With cheese 10.49

Golden Tacos (6)
Choice of chicken or beef.
Reg. 12.49 With cheese 13.49

Golden Steak Tacos (6)
Reg. 15.49 With cheese 15.99

Tamales

Wet Tamales 13.49 (12) 25.49

Dry Tamales (6) 11.49 (12) 20.49

Beverages

Pop

Coke, Diet Coke, Cherry Coke, Sprite, Orange, Mellow Yellow, Dr. Pepper, lemonade and fruit punch (Free Refill) 2.99

Mexican Coke
(No Refills) 2.99

Iced Tea (Fresh Brewed) 2.99

Jarritos
Pineapple, fruit punch, mango or mandarin.(No Refills) 2.99

Juices
Cranberry, grapefruit, orange and pineapple. 2.99

Milk (no refills) 2.99

Coffee or Hot Tea 2.99

Kids Milk or Pop 1.99

Lunch Specials

*Served daily from 11:00 am to 3:00 pm
Seasoned stewed beef may be substituted for rice or beans for 1.49 extra*

Chimichanga

Your choice of beef, chicken, beans, chili, ground beef or mixed. Served with rice and beans. 9.59

Fried Chicken Tacos

Two fried chicken strips topped with cheese, bacon, pico, ranch and avocado in a flour shell. Served with rice and beans. 9.59

10" Seafood Burrito

Served with rice and beans. 9.59

10" Wet Burrito

Your choice of beef, chicken, bean, chili, ground beef or mixed. Served with rice and beans. 9.59

Enchiladas

Two enchiladas of your choice of beef, chicken, cheese, spinach, steak or seafood. Served with rice and beans. 9.59

6" Quesadilla

Choice of beef, chicken or fish (Tilapia). Served with rice or beans. 9.59

Tacos

Tacos (3)
Your choice of beef, chicken or steak. Served with rice and beans. 9.59

Golden Tacos (2)
Served with rice and beans. 9.59

Fish Tacos (2)
Served with rice and beans. 9.59

Desserts

Choice of toppings: Chocolate, caramel, honey, strawberries, raspberries, cherries and whipped cream.

Fried Cheesecake 5.59

Fried Burritos
Apple or cherry 5.59

Churros
Chocolate, caramel or strawberry 5.59

All prices based on cash payment. Additional 3.99% for credit.



Planning a party? We cater!

**Gratuity (18%) may be added to parties of 8 or more.